



2023 Spring Update – Virtual Agenda & Learning Objectives

Friday, May 19

7:00 AM – 8:00 AM (1.0 credit)

Does Discussing Migraines Give You a Headache?

Philip Eskew, DO, JD, MBA

Learning Objectives:

1. Describe and Distinguish between the different type of migraines.
2. Discuss acute migraine treatment options
3. Gain an insight on migraine prevention treatment options

8:00 AM – 9:00 AM (1.0 credit)

Educating Future Physicians

Jesse Clark, DO, FAAFP; Anthony Martin, DO

Learning Objectives:

1. Precept Osteopathic Medical Students including OMM.
2. Increase productivity while precepting students.
3. Explain preceptor expectations and resources for teaching medical students.

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9:00 AM – 10:00 AM (1.0 credit)

Accurately Billing for Physician Services

Don Self, CPC, CMCS

Learning Objectives:

1. Identify areas where primary care physicians can improve billing.
2. List common unreported codes and services being performed by physicians.
3. Explain and defend inaccurate recoupment of cost so that Osteopathic patient care can be improved without suffering physician burn-out.

10:00 AM – 10:15 AM

Break

10:15 AM – 11:15 AM (1.0 credit)

Safety & Application of Principles of OMM

David Eland, DO, FAAO

Learning Objectives:

1. Describe the safety of OMM in terms a layperson would understand.
2. Apply biomechanical principles to treatment of hip restrictors for low back complaints.
3. Apply biomechanical principles to treatment of scapular restrictions in shoulder complaints.



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11:15 AM – 12:15 PM (1.0 credit)

Physician Non-Compete Agreements and Its Impact on Access to Care

Scott Morrisson, Esq

Learning Objectives:

1. Explain to patients his/her rights/obligations under Indiana law regarding physician non-compete agreements.
2. Determine how physician non compete agreements can be enforceable against physicians.
3. Describe Indiana's new statute governing physician non-compete agreements.

12:15PM – 12:45 PM

Lunch Break

12:45 PM – 1:45 PM (1.0 credit)

Mindfulness Skills & Strategies for Patients and Physicians

Michael Welling, MD

Learning Objectives:

1. Describe the general concepts of Mindfulness.
2. List several various Mindfulness Skills and Tools.
3. Explain the benefits of Mindfulness.

1:45 PM – 2:45 PM (1.0 credit)

A Primary on Pediatric Acute Lymphoblastic Leukemia & Lymphoma

Jennifer Belsky, DO, MS; Amber Brown, DO, MS

Learning Objectives:

1. Provide an overview of common malignancies in children and adolescents.
2. Recognize abnormalities on CBC that should raise concern for malignancy in children and adolescents.
3. Describe the abnormal lymph node.
4. Discuss the next steps and review the workup if there is concern for leukemia or lymphoma.
5. Describe the anticipatory guidance provided to families during workup for leukemia and/or lymphoma.

2:45 PM – 3:00 PM

Break

3:00 PM – 4:00 PM (1.0 credit)

Identification and Management of Ocular Emergencies

Tiffany Szymarek, MD

Learning Objectives:

1. Identify common ocular emergencies.
2. List the causes of various ocular emergencies.
3. Describe appropriate referral and follow-up for patients therefore improving osteopathic patient care.



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4:00 PM – 5:00 PM (1.0 credit)

Cardiac Screening for Athletic Participation

Dmitry Blumenkrants, MD

Learning Objectives:

1. List the common pathology we are looking for during cardiac screening.
2. Understand when further testing is indicated.
3. Recognize normal findings in athletes ECG.

5:00 PM – 6:00 PM (1.0 credit)

Patient Engagement, Health Equity, and the Integration of Culturally and Linguistically Appropriate Services into Clinical Care

Benjamin Heavrin, MD, MBA, FACEP

Learning Objectives:

1. Explain what CLAS is and why it is important.
2. Review the national CLAS standards.
3. List examples of how CLAS standards can be applied in the practice setting to support osteopathic patient care.
4. Determine how to access resources and practice assistance with CLAS implementation.

Saturday, May 20

7:00 AM – 9:00 AM (2.0 credits)

Opioids and the Opioid Epidemic

Simon Feng, MD

Learning Objectives:

1. Describe the role of opioids in the current opioid epidemic.
2. Balance the risks and benefits of managing chronic pain with opioids.
3. Outline the evidence supporting the medical model of addiction.

9:00 AM – 10:00 AM (1.0 credit)

An Alternative to Oral Anticoagulation in Afib: Review of Left Atrial Appendage Occlusion

Robert Godley, MD

Learning Objectives:

1. Explain atrial fibrillation.
2. Review historical data on stroke prevention in afib.
3. Explain why an alternative to oral anticoagulation is needed.

10:00 AM – 10:15 AM

Break



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10:15 AM – 11:15 AM (1.0 credit)

Urine Drug Screen Mimickers: Interpreting Like a Pro

Jasser Khairallah, DO

Learning Objectives:

1. Describe the functionality of the standard urine drug screen as well as its strength and weaknesses.
2. Interpret results of a urine drug screen for patients with or without substance use disorder to help properly support diagnosis and care of patients.
3. Analyze for potential mimickers using a patient's medical history to avoid misdiagnosis.

11:15 AM – 12:15 PM (1.0 credit)

Sudden Cardiac Arrest: Prevention, Planning and Advocacy

Jacklyn Kiefer, DO, FAMSSM

Learning Objectives:

1. Describe strategies to prepare for Sudden Cardiac Arrest in athletic population.
2. Explain the Recognize, React, Rescue Allgorhythm.
3. Describe opportunities for advocacy as a physician to coaches, organizations, and parents to encourage BLS and AED training.

12:15 PM – 12:45

Lunch Break

12:45 PM – 1:45 PM (1.0 credit)

A Primary Care Approach to Insomnia

Courtney McNeill, DO

Learning Objectives:

1. Describe the DSM-V changes for diagnosing insomnia.
2. Explain the pathophysiology behind insomnia and how it relates to an osteopathic approach to care.
3. Compare evidence-based guidelines vs common practice regarding treatment.

1:45 PM – 2:45 PM (1.0 credit)

Neurological Emergencies for the Primary Care Provider: An Image-Based Approach

Robert Stoffey, DO

Learning Objectives:

1. Discuss common and perhaps less common neurologic emergencies which may likely be encountered by the Osteopathic Primary Care Provider.
2. Emphasize those neurologic emergencies which may be encountered in the outpatient clinic, office, urgent care, and the emergency room.
3. Discuss clinical signs and symptoms of the more common neurologic emergencies



2023 Spring Update – Virtual Agenda & Learning Objectives

2:45 PM – 3:00 PM

Break

3:00 PM – 4:00 PM (1.0 credit)

Bariatric Surgery: Scale, Sugar, and Survival

Jingliang Yan, MD, PhD

Learning Objectives:

1. Describe the different bariatric surgical options.
2. Describe the expected weight loss after bariatric surgery.
3. Describe the main benefits of bariatric surgery.

4:00 PM – 5:00 PM (1.0 credit)

Improving Men's Health: Erections, Testosterone, and More!

Helen Bernie, DO, MPH

Learning Objectives:

1. Describe the medical and surgical management of ED.
2. Describe the evaluation and diagnosis of low testosterone.
3. List three ways to improve men's health.

5:00 PM – 6:00 PM (1.0 credit)

Unconscious Biases: What Are They & How Do We Address Them?

Priya Garg, MBA

Learning Objectives:

1. Describe unconscious bias and how biases can influence a person's judgement without them being aware of it.
2. Develop strategies to address one's biases.
3. Develop strategies to promote diversity, equity and inclusion principles in their practice.

BONUS CME SESSION (1.0 credit)

The Future of Medicine

Amanda Wright, DO

Learning Objectives:

1. Describe the gender shift seen in enrollment in medical school enrollment.
2. Describe the increasing diversity seen in medical school classes.
3. Discuss the new priorities facing medical school faculty, staff, and administration.
4. Discuss the new skill sets brought into the classroom in medical schools and the clinical environment.
5. Explore the misalignments between the traditional system of medical education and what medical students want, expect and need to be successful.

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