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41ST ANNUAL WINTER UPDATE



December 2 - 4, 2022

The IOA is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The IOA designates these programs for a maximum of 22 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in these activities. Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

MARIAN UNIVERSITY
Indianapolis

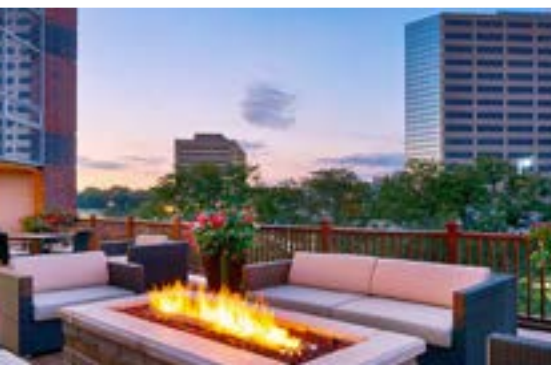
College of Osteopathic Medicine

PRECONFERENCE OMT WORKSHOP

December 1, 2022

The MUCOM is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The MUCOM designates these programs for a maximum of 8 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in these activities. Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

SHERATON INDIANAPOLIS HOTEL AT KEYSTONE CROSSING



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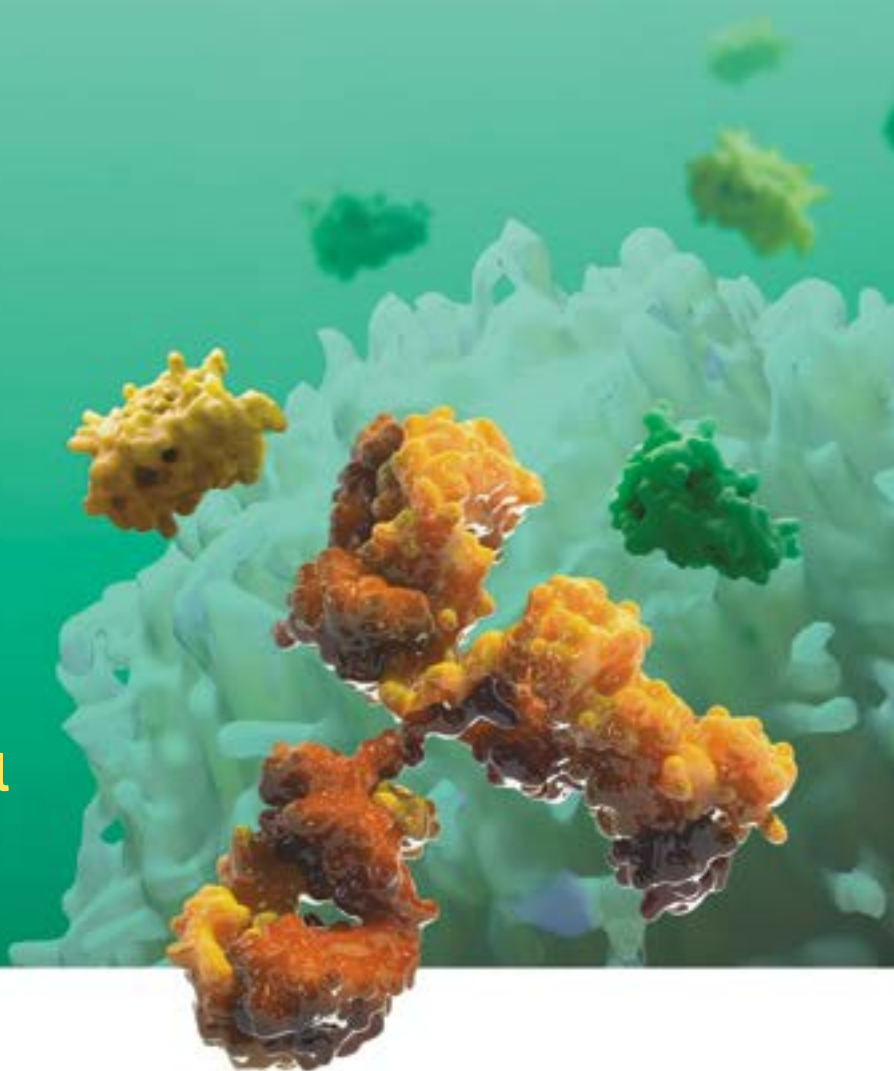
LEARN MORE AS WE EXPLORE DUPIXENT

Friday, December 2, 2022

11:45 AM - 12:30 PM ET

Plaza ABC

**Sheraton Indianapolis Hotel
at Keystone Crossing
Indianapolis, IN**



PRESENTED BY:



Todd Mahr, MD
La Crosse, WI

This is a non-CME event sponsored by Sanofi & Regeneron.

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Welcome to the

Indiana Osteopathic Association

41st Annual Winter Update

December 2-4, 2022

Marian University College of Osteopathic Medicine Preconference OMT Workshop

December 1, 2022

Sheraton Indianapolis Hotel at Keystone Crossing

EDUCATIONAL OBJECTIVES

This Continuing Medical Education (CME) program should benefit all physicians by correcting outdated medical knowledge, providing new knowledge on pharmaceutical advances, and improving physician competence through the mastery of new skills. Completion of this program should allow the physicians to practice with renewed confidence and ability.

CONTINUING MEDICAL EDUCATION COMMITTEE

Rachel Shockley, D.O., Chair

Brian Black, D.O.

Jacklyn Kiefer, D.O.

Bruce Brink, Jr., D.O.

Brittany Simpson, D.O.

Gaston Dana, D.O.

Amanda Wright, D.O.

Table of Content



Welcome/Information 3

Agenda..... 5 - 10

Exhibitors, Grantors, In Kind Supporters 11

Faculty 12 - 17

Floor Plans..... 18 & 19

The registration desk will be open from 7:30 a.m. to 5:00 p.m. on Thursday, December 1; from 6:30 a.m. to 6:15 p.m. on Friday, December 2; from 6:30 a.m. to 5:45 p.m. on Saturday, December 3; and from 6:30 a.m. to 11:45 a.m. on Sunday, December 4.

All events in this program are included in registration fees.

CONTINUING MEDICAL EDUCATION PROGRAM INSTRUCTIONS

Kindly put cell phones and pagers on vibrate before entering the lectures. Physicians will receive an email with a link to complete the online CME attestation and evaluation. **Attendees are asked to complete the attestation/evaluation by Sunday, December 11th..**

DISTINGUISHED GUEST SPEAKERS

Bruce R. Williams, DO, President of the American College of Osteopathic Family Physicians (ACOFP), will be our guest on Friday and will provide an ACOFP update.

Ernest R. Gelb, DO, President of the American Osteopathic Association (AOA), will be our guest on Saturday and will provide the AOA Annual Update.

MOTYKA DANNIN OSTEOPATHIC EDUCATIONAL FOUNDATION

The Motyka Dannin Osteopathic Education Foundation awards forgivable loans to Indiana students attending osteopathic medical schools. Your support of the Advocates to the IOA's fundraising efforts at our CME program by buying raffle tickets and bidding on items in the silent auction is greatly appreciated. The money raised will go to the foundation.

SATURDAY EVENING PRESIDENT'S RECEPTION — BENEFITING THE MOTYKA DANNIN FOUNDATION

The IOA is hosting a holiday reception on Saturday evening. Please plan to stop by the Clearwater Ballroom for a few minutes any time between 6:00 p.m. and 7:30 p.m. for appetizers, beverages, and an opportunity to celebrate the holiday season with colleagues and friends. All spouses/guests and children are invited too.

INTEGRATING OMT EFFICIENTLY INTO EVALUATION & TREATMENT AGENDA

THURSDAY, DECEMBER 1, 2022

(Workshop in Suite 16)

7:30 AM- 8:00 AM

Continental Breakfast in Suite 16 Foyer

MORNING SESSION: OMM & Upper Body Patient Complaints

8:00 AM – 9:00 AM

Commonly Overlooked Relationships with the
Musculoskeletal System
David Eland, D.O.

9:00 AM – 10:00 AM

Efficient Sequencing of Diagnosis & Treatment
for the Upper Body
David Eland, D.O.

10:00 AM – 10:15 AM

Coffee Break

10:15 AM – 11:15 AM

Still Technique for the Upper Body
Richard Geshel, D.O.

11:15 AM – 12:15 PM

Muscle Energy for the Upper Body
Luke Nelligan, D.O.

12:15 PM– 12:45 PM

Lunch

AFTERNOON SESSION: OMM & Lower Body Complaints

12:45 PM – 1:45 PM

Dirty Half Dozen- Commonly Diagnosed
Relationships with the Musculoskeletal System
Luke Nelligan, D.O.

1:45 PM – 2:45 PM

Efficient Sequencing of Diagnosis & Treatment
for the Lower Body
David Eland, D.O.

2:45 PM – 3:00 PM

Refreshment Break

3:00 PM – 4:00 PM

Still Technique for the Lower Body
Richard Geshel, D.O.

4:00 PM – 5:00 PM

Muscle Energy for the Lower Body
Angela Wagner, D.O.

5:00 PM

Adjourn

41st ANNUAL WINTER UPDATE AGENDA

FRIDAY, DECEMBER 2, 2022

6:30 AM-7:00 AM

Continental Breakfast & Visit Exhibitors

7:00 AM

Welcome & Introductions
Rachel Shockley, DO, IOA President

7:10 AM - 8:10 AM

Dermatology in Primary Care
Jesse Clark, DO

Learning Objectives:

1. Describe common dermatologic conditions seen in primary care.
2. Explain how these conditions are identified and treated.
3. Improve dermatologic treatment in osteopathic patient care.

8:10 AM - 9:10 AM

Improving the Care of Patients with Unhealthy Substance Use
Gretchen Johnson, DO

Learning Objectives:

1. Give examples of person-first language versus stigmatizing language when caring for patients with unhealthy substance use.
2. Describe use of pharmacotherapy for a patient with a substance use disorder within a primary care setting.
3. Identify community resources available to patients in Indiana with unhealthy substance use.

9:10 AM- 9:30 AM

Break - Visit Exhibitors

9:30 AM - 11:00 AM

Keynote: The 5 Star Physician™
Brian Lee, CSP Hall of Fame

Learning Objectives:

1. Use the T.R.U.S.T. framework to improve osteopathic patient care by fostering honest and open communication with patients about their essential care.
2. Elicit patient knowledge of their symptoms and be able to present patient-friendly, realistic treatment plans that consistently meet and manage their expectations for their care.
3. Enhance patient compliance and overcome reluctance to follow through with self-care.

11:00 AM - 11:10 AM

IOA Annual Meeting & Elections
IN-ACOFPP Annual Meeting
Rachel Shockley, DO, President, IOA / IN-ACOFPP

11:10 AM - 11:45 AM

ACOFPP Update
Bruce R. Williams, DO, President, ACOFP

11:45 AM - 12:30 PM

Lunch & Product Theater: Partner in Asthma Care,
Partner in Asthma Relief
Dr. Todd Mahr, MD, Allergist and Immunologist
This is a non-CME event sponsored by Sanofi & Regeneron.

12:30 PM - 1:00 PM

Dessert Break - Visit Exhibitors

1:00 PM - 2:00 PM

A Changing Landscape: Navigating Indiana's New Abortion Restrictions

Shelley M. Jackson, JD, and Stacy Walton Long, JD

Learning Objectives:

1. Identify key components of Indiana's new abortion law, Senate Enrolled Act (SEA) 1 and describe the current state of abortion regulation in Indiana.
2. Analyze the current status of abortion-related litigation in Indiana, including the preliminary injunction entered on September 22, 2022, in *Planned Parenthood, et al. v. Members of the Medical Licensing Board of Indiana, et al.*, which temporarily enjoins enforcement of SEA-1 and has already been appealed.
3. Explore key compliance considerations and best practices, including with respect to SEA-1 and state and federal regulatory obligations (such as EMTALA and HIPAA), when providing pregnancy-related care in Indiana.

2:00 PM - 3:00 PM

Diagnosis and Management of Dysautonomia in the Primary Care Setting

Nicole Clark, DO

Learning Objectives:

1. Identify the signs and symptoms of dysautonomia.
2. Explain initial diagnostic testing and diagnosis criteria for dysautonomia.
3. Identify various treatment plans and options which can be offered to patients suffering from dysautonomia.

3:00 PM- 4:00 PM

Introducing Interdisciplinary Pain Rehabilitation in Indiana

Michael Bushey, MD, PhD; Lindsay G. Flegge, PhD, HSPP; Amanda Wakefield, PsyD, HSPP

Learning Objectives:

1. Summarize the basic rationale for an interdisciplinary pain rehabilitation program in Indiana.
2. Improve osteopathic medical knowledge related to holistic treatment options for patients with chronic pain.
3. Identify patients who may benefit from a higher level of pain care and provide appropriate referrals to available services.

4:00 PM - 4:15 PM

Visit Exhibitors / Exhibitor Door Prizes

4:15 PM - 6:15 PM

OMT Workshop: "What Do Ribs Have To Do With It?"

David Eland, DO and Luke Nelligan, DO

Sponsored by Marian University College of Osteopathic Medicine (MU-COM)

Learning Objectives:

1. Apply the relationship of rib somatic dysfunction to complaints related to the thorax.
2. More efficiently diagnose rib somatic dysfunction.
3. More effectively treat rib somatic dysfunction.

6:15 PM

Adjourn

SATURDAY, DECEMBER 3, 2022

6:30 AM - 8:00 AM

Continental Breakfast

7:00 AM - 7:10 AM

Welcome

Rachel Shockley, DO, President

7:10 AM - 8:10 AM

Depression Treatment for the Non-Psychiatrist

David Pison, DO

Learning Objectives:

1. Describe the basic mechanisms by which antidepressant agents from different classes work, and their subsequent advantages and disadvantages.
2. Develop a working algorithm by which to consider what medications to use, and consider non-pharmacologic options to treat depression
3. Explain how to implement pharmacologic and non-pharmacologic treatment of patients with depression in their osteopathic practice

8:10 AM - 9:10 AM

Pediatric Feeding Difficulties

Anneliese Huntzinger, DO

Learning Objectives:

1. List the key anatomic structures involved in sucking and swallowing.
2. Describe how direct or indirect alterations in these structures may contribute to feeding problems.
3. Identify osteopathic treatment techniques for feeding dysfunctions that could improve patient care outcomes for young children and their families.

9:10 AM - 9:25 AM

Break

9:25 AM - 10:25 AM

The Indiana Medical Licensing Board Opioid Prescribing Rule and Other Indiana Opioid Prescribing Laws: What You Need to Do to Comply
Richard Feldman, MD, FAAFP

Learning Objectives:

1. Discuss in detail the compliance actions required for the Indiana Chronic Opioid Prescribing Rule.
2. Demonstrate knowledge of the other recently enacted opioid prescribing statutes in Indiana
3. Demonstrate awareness of the opioid CME requirement for medical licensure renewal.

10:25 AM - 11:25 AM

Multi-Cancer Early Detection

Natraj "Reddy" Ammakkanavar, MD

Supported by an educational grant from GRAIL, LLC

Learning Objectives:

1. Describe need for multi-cancer screening
2. List - appropriate screening studies including recent blood based test.
3. Explain appropriate use and caution on these testings.

11:25 AM - 11:45 AM

Annual Awards Luncheon

Indiana Osteopathic Association

Motyka Dannin Osteopathic Educational Foundation

11:45 AM - 12:30 PM

AOA Update Installation of IOA Leaders

Ernest R. Gelb, DO, President, AOA

12:30 PM - 1:30 PM

Management of Common Surgical Problems: What to Expect

Janie Myers, DO, DFACOS, FACS

Learning Objectives:

1. List the common problems seen with abdominal pain.
2. Describe how to work up a surgical abdomen.
3. Describe what symptoms to watch for after a procedure is done.

1:30 PM - 2:30 PM

Type 2 Diabetes: A Comprehensive Overview and Update on Non-Insulin Therapeutics

Tyler Feldman, DO

Learning Objectives:

1. Explain the major therapeutics used in management of Type 2 diabetes.
2. Describe the role of newer diabetes therapeutics that lower blood sugar and have CVD/renal benefit.
3. List the side effects and contraindications of diabetes therapeutics.
4. Explain treatment guidelines, goals, and the impact of early weight loss in disease progression and overall health of people with T2D.

2:30 PM - 2:45 PM

Break

2:45 PM - 3:45 PM

Pregnancy: The Ultimate Ironman Competition and a Window to a Woman's Long-Term Health

Lyree N. Mikhail, MD, MBA, FACOG

Learning Objectives:

1. Explain the importance of the collaborative nature of preconception counseling.
2. Describe the importance of collaboration of care in the postpartum period.
3. Explain the importance of obstetric history in the prediction of overall health outcomes in women.

3:45 PM - 4:45 PM

Minor Hand Trauma and Disorders

David C. Koronkiewicz, DO, MS-HQSM, CHCQM, FAOAO

Learning Objectives:

1. Identify and treat common hand injuries and disorders.
2. Identify the appropriate clinical, laboratory, diagnostic, and imaging studies to diagnose trauma and disorders of the hand accurately.
3. Properly treat and manage common hand disorders and injuries.

4:45 PM - 5:45 PM

2023 CPT, HCPCS Evaluation and Management Updates

Ann K. Silvia, CPC, CPCO, CDEO, CPPM

Learning Objectives:

1. Attendees will be able to identify new codes and revisions to the 2023 CPT and HCPCS Coding principles
2. Understand and apply the key principles of the new, revised and deleted codes
3. Receive updates on current E&M documentation requirements

5:45 PM-6:00 PM

Break

6:00 PM-7:30 PM

President's Reception

7:30 PM

Adjourn

SUNDAY, DECEMBER 4, 2022

6:30 AM - 8:00 AM

Continental Breakfast

7:00 AM - 8:00 AM

The Limping Child

David C. Koronkiewicz, DO, MS-HQSM, CHCQM, FAOAO

Learning Objectives:

1. Identify the variable clinical presentations in a limping child.
2. Distinguish self-limiting conditions versus more severe conditions in children when presenting with a limp.
3. Describe factors that may require early aggressive treatment and immediate referral.

8:00 AM - 9:00 AM

Benign and Malignant Breast Disease

Yitian Liu, MD

Learning Objectives:

1. Describe focused clinical breast exam.
2. List criteria for breast cancer screening.
3. Explain different breast diagnostic modalities.

9:00 AM - 9:15 AM

Break

9:15 AM - 10:15 AM

Pediatric Winter Ailments: Real Opportunity to Treat

Matt Misner, DO, MAPS

Learning Objectives:

1. Describe what is meant by the common cold and how it relates primarily to the Pediatric population.
2. List ways to include basic OMT modalities in brief settings (emphasis on knowledge of what can be utilized and not a description of the techniques themselves).
3. Explain to parents simple techniques that they can utilize that can help relieve UC/ER visits.

10:15 AM - 11:45 AM

Integrative Approaches to Common and Complex Medical Diagnoses

Young Park, DO

Learning Objectives:

1. Become familiar with different modalities used in integrative medicine
2. Know what types of patients may benefit from referring to integrative medicine practitioners
3. Apply basic principles of medicine in daily osteopathic patient care.

11:45 AM

Adjourn



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***The IOA extends appreciation to the
following for their participation in
this continuing medical education program.***

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Natraj Reddy Ammakkanavar, M.D.



Dr. Natraj Reddy Ammakkanavar, M.D, is a Board Certified Medical Oncologist. After finishing fellowship in Hematology/Oncology at IU School of Medicine in 2015, he joined Community Hospital Oncology Physicians. Dr. Ammakkanavar currently serves as director of

Precision genomics program. He is passionate about personalized cancer care to each patient with help of cancer genomics.

Mike Bushey, M.D., PhD



Dr. Bushey is a Board-Certified Psychiatrist specializing in the treatment of somatic symptom disorders. He trained at The Johns Hopkins University School of Medicine, where he earned MD and PhD degrees and completed a General Psychiatry Residency. His training provided

an emphasis on highly individualized patient care, which he applied in the assessment of patients with complex pain syndromes for the Johns Hopkins Pain Treatment Program. In his current practice, he specializes in the psychiatric treatment of patients with chronic pain, somatic symptom disorder, functional neurological conditions (i.e. conversion disorders), and medically-unexplained symptoms. He also serves as Medical Director of the Indiana University Health Pain Treatment Program.

Jesse Clark, D.O.



Dr. Jesse Clark, D.O., is an Assistant Professor of Family Medicine at Marian University College of Osteopathic Medicine (MU-COM). She is the clerkship director for third-year clerkship rotations at MU-COM. She previously served as the Associate Director of

the Community East Family Medicine Residency in Indianapolis, IN. She is originally from Terre Haute, Indiana. She earned a Bachelor of Arts in English and a Bachelor of Science in Biology from Indiana University-Bloomington. She then attended medical school at AT Still University - Kirksville College of Osteopathic Medicine in Kirksville, Missouri. She returned to Indiana to complete her Family Medicine residency at Union Hospital in Terre Haute. Her clinical interests include women's health and outpatient family medicine.

Nicole Clark, D.O.



Dr. Clark is an osteopathic family medicine physician with Witham Health Services practicing in Lebanon, IN. She obtained her undergraduate degree from Hillsdale College in 2014 and her medical degree from the Marian University College of Osteopathic Medicine in 2018. Her residency

training was completed in Indianapolis, IN at the Community South Osteopathic Family Medicine Residency. Dr. Clark also serves as an assistant clinical professor for Marian University's College of Osteopathic Medicine and works regularly with both medical and nurse practitioner students. Her professional interests include preventative medicine, patient education, and osteopathic manipulative treatment. She runs a robust OMT clinic for her network, accepting referrals from throughout the organization. She was awarded the distinction of advanced osteopathic training by the AOA in 2022.

David Eland, D.O.



Dr. Eland is Board Certified in Osteopathic Manipulative Medicine and has been in clinical practice for thirty-seven years. He has taught the full range of individuals from first year Osteopathic medical students to residents to clinicians in practice. He brings insights into efficient,

effective inclusion of Osteopathic manipulative evaluation and treatment to all levels of learning and practice.

Richard Feldman, M.D., FAAFP



Richard Feldman, M.D., a family physician, is an Associate Professor at Marian University College of Osteopathic Medicine and a Clinical Assistant Professor at Indiana University School of Medicine. He is the Program Director Emeritus and Senior Medical Education

Advisor of the Franciscan Health Indianapolis Family Medicine Residency Program. Dr. Feldman graduated from Indiana University Bloomington in 1972, IU School of Medicine in 1977, and the Indianapolis St Francis Hospital Family Medicine Residency in 1980. Feldman served as Indiana State Health Commissioner from 1997 to 2001. He is an appointed member of the Indiana General Assembly's Interim Public Health Study Committee since 2014 and continues his long tenure on the state of Indiana's Medical Education Board. He is also past chairman of the education commission of the American Academy of Family Physicians. Dr. Feldman frequently lectures locally, regionally, and nationally and is an editorial page columnist for multiple Indiana newspapers.

Tyler Feldman, D.O.



Dr. Feldman, D.O., is board certified in Family Medicine. He completed his residency training in family medicine at Franciscan Health. In addition, he completed an additional year of intensive training in diabetology the endocrinologists at Franciscan. In practice, he continues to practice family medicine part

time, as well as having his own diabetology clinic part time at Kendrick Family Medicine in Mooresville. Diabetes management has been a major passion of his ever since being diagnosed with Type 1 diabetes over 20 years ago. Dr. Feldman is a graduate of the inaugural class at Marian University College of Osteopathic Medicine. In his spare time, he enjoys vacationing with his wife and family, bowling, playing guitar, and metal detecting.

Lindsay Flegge, PhD



Dr. Flegge is a clinical psychologist for Indiana University Health Physicians (IUHP) and an assistant professor in the Department of Psychiatry at IU School of Medicine. Her work focuses on chronic pain rehabilitation and helping patients optimize their

daily functioning while managing chronic pain. She earned her master's degree in social work from Indiana University and her master's degree in school psychology from Ball State University. She earned her doctorate degree at Ball State University and completed her predoctoral internship in health psychology at IU Health Ball Memorial Hospital in Muncie, IN and her postdoctoral fellowship in pain psychology at Mary Free Bed Hospital in Grand Rapids, MI. She has multiple national and international research publications. Her current research interests include sexual functioning and chronic pain, women's health, and intervention outcomes for chronic pain rehabilitation.

Anneliese Huntzinger, D.O.



Dr. Huntzinger is a Board Certified Pediatrician. She completed her doctorate at Marian University College of Osteopathic Medicine (MUCOM) in 2018. She then went on to complete her pediatrics residency at Nationwide Children's Hospital in Columbus, OH with extra osteopathic training via the Osteopathic Recognition Track in 2021.

Shelley Jackson, J.D.



Shelley Jackson concentrates her practice in the areas of health law, employment law, professional license defense, and data privacy and security. She brings a diverse set of professional experiences to her work, including time spent both in a law firm setting and in-house

as an assistant general counsel and chief privacy officer for a multi-national corporation. Whether providing day-to-day advice, navigating disputes, or representing clients in high stakes matters, Shelley combines broad substantive expertise with cost-effective, practical strategies.

Thank You

to all our outstanding presenters
at this year's Winter Update!

We appreciate the dedication
and time it takes to prepare and
deliver presentations.

Gretchen Johnson, D.O.



Dr. Gretchen Cheuk-Wing Johnson is an Addiction Medicine Physician practicing at Community Fairbanks Recovery Center in Indianapolis, IN. She is also part of the faculty team of the Addiction Medicine Fellowship through Community Health Network (CHN). Her

medical training includes Marian University College of Osteopathic Medicine, Community East Family Medicine Residency, and Addiction Medicine Fellowship with CHN. She is passionate about providing compassionate care for patients and their support systems, and about training the next generation of physicians. Outside of medicine she enjoys spending time with her husband and their three sons. Dr. Johnson is originally from Baldwin, NY.

David Koronkiewicz, D.O., MS-HQSM-CHQM, FAOAO



Dr. Koronkiewicz has been a practicing orthopedic surgeon for over twenty-nine years at Goshen Health. Since 1994, he has been a member of the Indiana Osteopathic Association. Served as a trustee on the IOA board and was president from 2007-2008, and is presently

serving as vice president. In 2010, he was awarded the J.B. Kinsinger Plaque, the IOA's highest honor for outstanding service to the osteopathic profession and his community. He has served as an IOA delegate to the AOA for many years. He is a Board Examiner for the American Osteopathic Board of Orthopedics Surgery and is an Assistant Clinical Professor at Marian University College of Osteopathic Medicine. He is also frequently a speaker at the IOA bi-annual continuing medical education seminars.

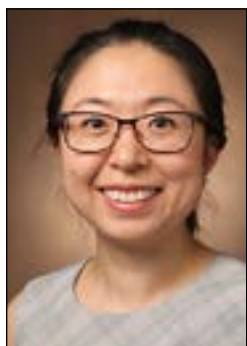
Brian Lee, CSP Hall of Fame



Brian Lee is the founder and CEO of Custom Learning Systems Group. Brian has been awarded the designation CSP: Certified Speaking Professional by the National Speakers Association and inducted into the National Speakers Hall of Fame. Brian has led his team of training professionals

for 37 years, focused exclusively on hospitals, clinics and healthcare organizations. 34 clients have earned regional and national awards for world-class patient experience, employee and physician engagement. In the past 15 years, Brian has personally trained and consulted over 320+ Critical Access Hospitals throughout the nation. For two consecutive years, the International Customer Service Association rated Brian the number-one Customer Service Speaker in the world. Brian is the author of 8 books, including *Keep Your Nurses* and *Healthcare Professionals for Life*.

Yitian Liu, M.D.



Dr. Liu is a board-certified general surgeon, specializing in breast surgical oncology. She graduated from medical school at Columbia University in New York. She completed her general surgery residency at the Cleveland Clinic in Ohio and her breast surgical oncology fellowship at Vanderbilt

University in Tennessee. Dr. Liu believes in a team-based approach to individualized care. She understands that each patient is unique, and therefore each treatment plan should be customized to meet her or his specific needs. She specializes in the surgical management of breast cancer as well as benign breast conditions. She performs lumpectomies, total mastectomies as well as skin-sparing and nipple-sparing mastectomies. She is a member of the American Society of Breast Surgeons and a Fellow of the American College of Surgeons. Dr. Liu lives in Greenwood with her husband and two children. In her free time, she enjoys spending time with her family and traveling abroad.

Stacy Long, Esq.



Stacy Walton Long, Esq. is a Partner at Krieg DeVault LLP in the Healthcare Practice Group. Stacy Long represents and advises the firm's healthcare clients regarding many significant legal issues, including security breach incidents and risk assessments involving

Protected Health Information and other personal information under HIPAA/HITECH and other Federal and State laws governing the privacy and security of such information, as well as corporate compliance and regulatory matters. She also represents individual professionals and healthcare providers in licensing and disciplinary matters, as well as employment-related matters, and works with mental health providers on confidentiality matters and commitment proceedings.

Lyree Mikhail, M.D., MBA, FACOG



Dr. Mikhail is a Board-Certified Obstetrician Gynecologist and Associate Professor at Marian University College of Osteopathic Medicine. She earned her MD degree from Washington University School of Medicine and completed her residency at the University of Chicago. Most recently she received an MBA

from Quantic School of Business and Technology. Dr. Mikhail has had a long academic career, holding key educational positions at Indiana University SOM and Yale University SOM/Bridgeport hospital before joining MUCOM in 2011. She has developed a national reputation as a respected clinician educator and currently serves as an Oral Board Examiner for the American Board of Obstetrics and Gynecology. She is responsible for Women's Health content at MUCOM throughout the curriculum and has extensive experience advising across the medical education continuum.

Matt Misner, D.O., MAPS



Dr. Misner, D.O., is a board-certified Pediatrician who also works as a Palliative Care/Hospice physician. He is the medical advisor for a Catholic over-seas mission program and works extensively with the underserved population within various regions of the States. He

is earning a master's in Bioethics and is considering entering a PhD program at Notre Dame in the future.

Janie Myers, D.O., DFACOS, FACS



Dr. Myers is board-certified in General Surgery by the American Board of Osteopathic Surgery (ACOS). She is a Distinguished Fellow of ACOS (2021), a Fellow of both the ACOS (2016) and the American College of Surgeons (2010). She is the past Secretary/Treasurer of the Board of

Governor (ACOS). She completed in her medical training at Philadelphia College of Osteopathic Medicine. She moved on to her residency in General Surgery at Loyola University Medical Center and finished at Midwestern University (now Franciscan St. James Health), both in Chicago, IL. Afterward, Dr. Myers completed her FHS Advanced Laparoscopy Fellowship at St. Joseph Hospital in Tacoma, WA. Dr. Myers is the County Coroner for Vigo County, Indiana and President of the local Medical Society section of ISMA.

Luke Nelligan, D.O.



Dr. Nelligan joined the faculty at Marian University College of Osteopathic Medicine in September, 2015. He previously served as Director of Medical Education at Community West Hospital in Indianapolis and Director of the hospital's Family Medicine Residency Clinic at the

Speedway Pavilion. He has served as a preceptor for students, interns and residents for over twenty years.

Dr. Nelligan graduated from Philadelphia College of Osteopathic Medicine (PCOM) in 1991 and completed an internship at the Hospital of PCOM in 1992, where he served as Chief Intern. He completed his Residency in Family Medicine in 1994 at Graduate City Avenue Hospital in Philadelphia. Dr. Nelligan is Board Certified in Family Medicine and has a Certificate of Added Qualification (CAQ) in Hospice and Palliative Medicine from the American College of Osteopathic Family Physicians.

He is a Past President of the Indiana Osteopathic Association and Past President of the PCOM's Alumni Association. His professional activities include service on many state committees and medical director for hospice, home care, and nursing home companies. Dr. Nelligan also served on the IOA Steering Committee to establish an osteopathic medical school in the state, which led to the eventual formation of MU-COM.

Dr. Nelligan serves as a small group facilitator in the Introduction to Clinical Medicine courses and is a lecturer and table trains in the Osteopathic Principles and Practice courses. He has earned a black belt in Tae Kwon Do and Lean SixSigma. He lives in Zionsville with his wife Carroll, their son Declan and is a member of Saint Alphonsus Liguori parish.

Young Park, D.O.

Dr. Park is a board-certified family physician practicing integrative medicine at Community Health Network. He is currently acting as a clinical medical director at Integrative Medicine department at CHN. Dr. Park incorporates multiple modalities including

conventional western medicine, East Asian Medicine, OMT, and functional medicine.

David Pison, D.O.

Dr. Pison is a board certified psychiatrist who specializes in adult and geriatric psychiatry. He is an inpatient geriatric psychiatrist at Witham Hospital in Lebanon, IN, and provides psychiatric care to a variety of nursing homes throughout the greater Indianapolis area. He obtained his undergraduate

degree from Purdue University (Go Boilers!) and graduated from Marian University College of Osteopathic Medicine for his medical training. He completed his residency training in psychiatry at Community Health Network. He is active in organized medicine and serves the Indiana Psychiatric Society as a geriatric psychiatry representative. Recently, he began a new role as the Clinical Chair for Psychiatry for Marian University. He was born and raised in the Indianapolis area, and currently lives with his wife and son in Fishers. In his spare time, he enjoys traveling with his family, running, and playing the guitar.

Ann Silvia, CPC, CPCO, CDEO, CPPM

Ann has 33 years' experience in healthcare, including auditing, consulting, billing, coding, practice management and education. She is currently a Senior Revenue Cycle Consultant for Visionary Health Group (VHG). She holds a B.S. degree from Friends University in

Wichita, Kansas. She is certified as a professional coder (CPC), a professional compliance officer (CPCO), a certified documentation expert for outpatient (CDEO), a certified physician medical auditor (CPMA), a certified physician practice manager (CPPM), and she maintains several other specialty certifications including rural health. Ann is also a member of the Provider Outreach and Education Advisory Group with WPS and Indiana Rural Health Association. Ann teaches billing, coding, auditing, and compliance classes. She helps the office with best practices, reimbursement, and office processes for the work provided.

Amanda Wakefield, PsyD, HSSP

Dr. Wakefield, Psy.D., HSP, is a clinical health psychologist specializing in working with patients who have chronic pain. She began working with patients who had pain on practicum and increasingly specialized as her training progressed, completing a health psychology internship at the Roudebush VA in Indianapolis, and a pain psychology fellowship at the Haley VA in Tampa. She has worked in a variety of settings including group practice, outpatient medical offices, and Academic Medical Centers. She is currently a psychologist with the Pain Rehabilitation Program at IU Health and an Assistant Professor of Clinical Psychiatry at the IU School of Medicine.

MARK YOUR CALENDARS NOW AND PLAN TO ATTEND!



125TH ANNUAL SPRING UPDATE

PRE-CONFERENCE OMT WORKSHOP

HOSTED VIRTUALLY

FRIDAY, MAY 19-20, 2023

VISIT WWW.INOSTEO.ORG FOR DETAILS

CELEBRATE THE IOA'S 125TH ANNIVERSARY AT THE

42ND ANNUAL WINTER UPDATE

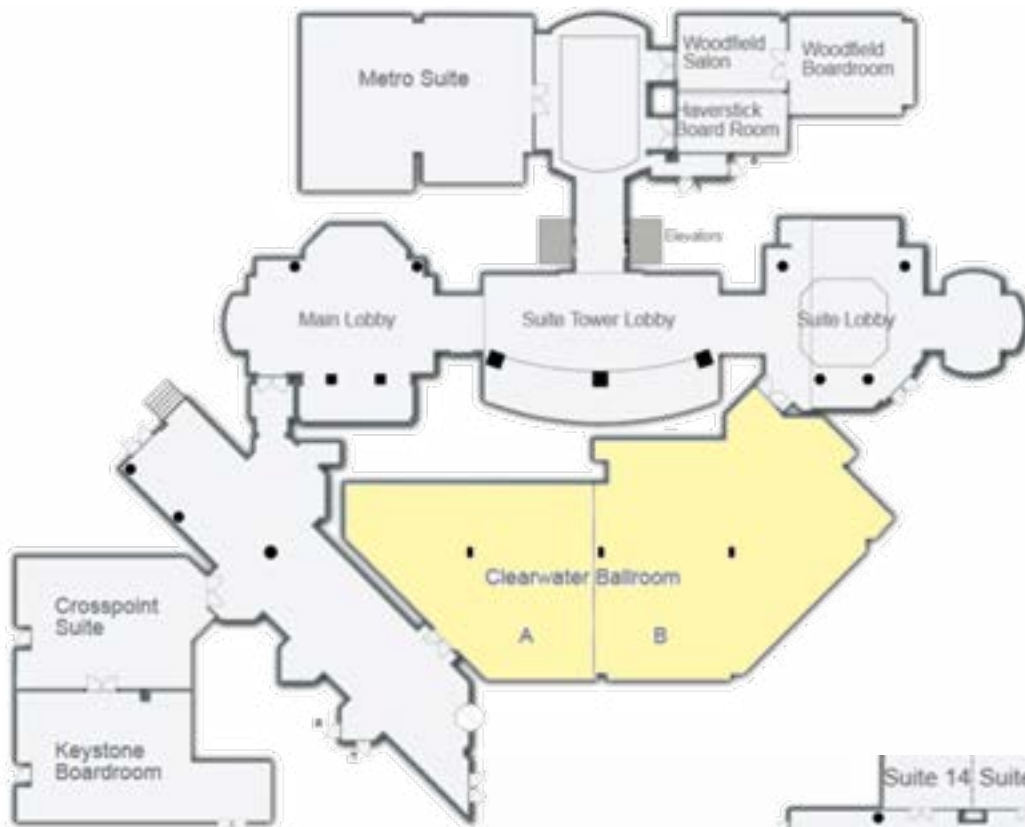


DECEMBER 1 - 3, 2023

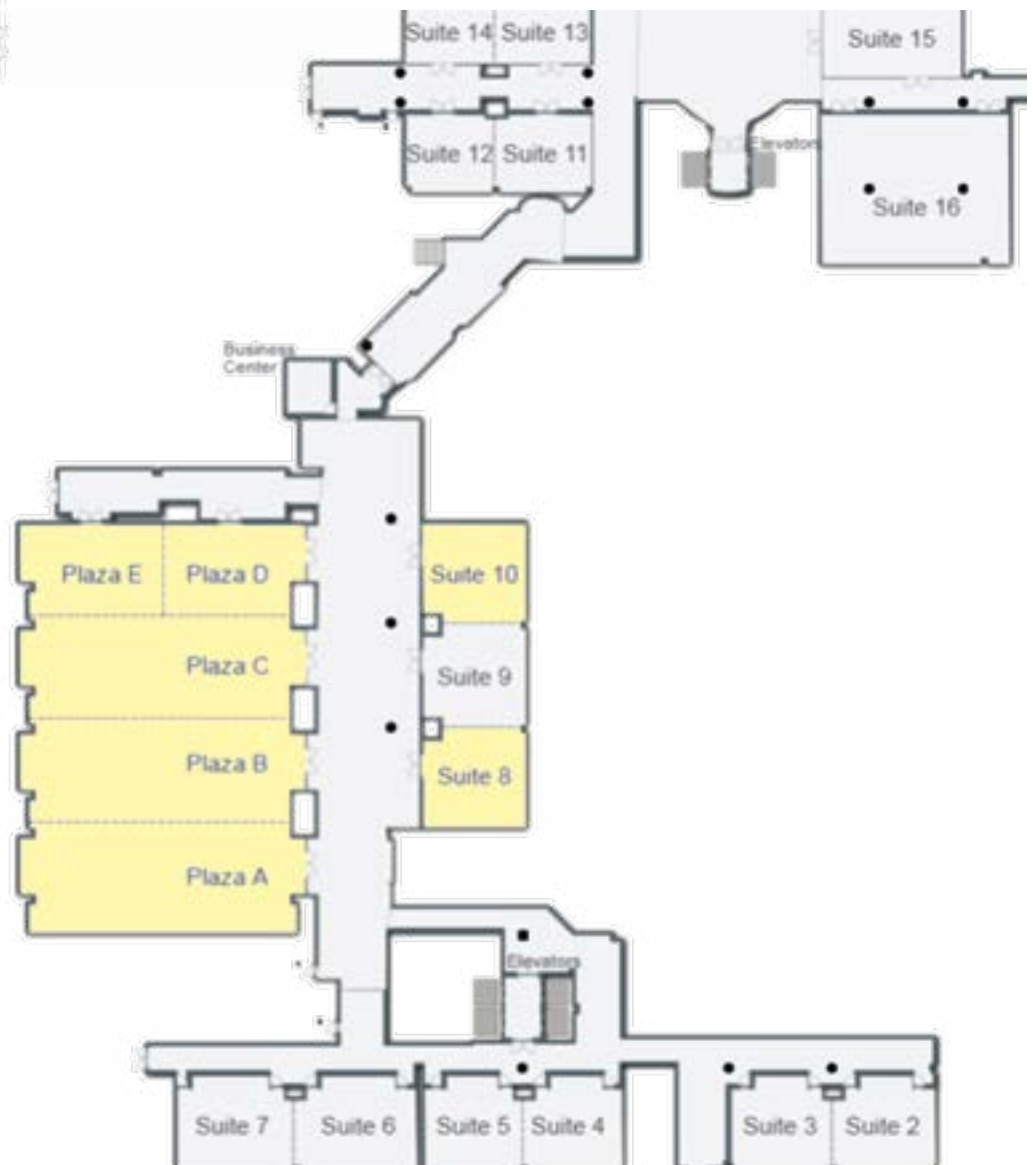
PRE-CONFERENCE OMT WORKSHOP

NOVEMBER 30, 2023

Sheraton Indianapolis Hotel at Keystone Crossing



Sheraton®
Indianapolis
 HOTEL
 AT KEYSTONE CROSSING



SUPPORTING OSTEOPATHIC MEDICINE



The **Motyka Dannin Osteopathic Educational Foundation**, a 501(c)3 charitable nonprofit, was formed as an initiative of the **Indiana Osteopathic Association (IOA)**. Its mission is to raise and distribute funds primarily in support of the study of osteopathic medicine. This includes scholarships, grants for research, seminars, and similar programs. From 2017-2021, the foundation awarded its first five forgivable loans in the amount of \$10,000 each year.

Your generous support will allow us to continue awarding forgivable loans and providing opportunities for students to attend IOA CME events, attend DO Day on Capitol Hill sponsored by the American Osteopathic Association (AOA), attend the AOA House of Delegates, and identify other useful initiatives for our students and members.



"I am honored to be the recipient of the Motyka Dannin Osteopathic Educational Foundation forgivable loan. I hope to touch the lives of many using skills, principles, and approaches gathered only in osteopathic training. I will continue to spread osteopathic knowledge and enthusiasm for the rest of my career. I owe a debt to the mentors and organizations that have helped me get to where I am today. My gratitude and appreciation goes out to the leaders and members of the Indiana Osteopathic Association for continuing to encourage and inspire students like me."

Ben Rodimel, OMS-4, Class of 2022

Marian University College of Osteopathic Medicine (MU-COM)

DONORS:

DONOR BENEFITS

Individual Giving Benefits

- **Lapel Pin**
- **Lifetime giving recognition** on website and in publications
- **Donor-only receptions** at IOA CME meetings
- **Annual luncheon** with forgivable loan recipient
- **Complimentary registration** at IOA CME meeting of choice with an annual donation of \$2,500

Corporate Giving Benefits

(\$15,000 commitment over three years)

- **Complimentary exhibit space** at IOA CME meetings
- **Complimentary half page ads** in publications as well as in programs at IOA CME meetings
- **Recognition** on website and in publications
- **Donor-only receptions** at IOA CME meetings
- **Annual luncheon** with forgivable loan recipient

STUDENTS:

FORGIVABLE LOAN QUALIFICATIONS

- **Be an Indiana resident** who is attending an osteopathic medical school in the United States or a student of the Marian University College of Osteopathic Medicine
- **Be a member** of the Indiana Osteopathic Association
- **Be enrolled** as a second or third year medical student and in good standing
- **Present two letters** of recommendation
- **Submit an application** that includes an essay and list of accomplishments
- **Intend to practice** in Indiana following completion of a residency in family medicine, osteopathic manipulative medicine, general internal medicine, general surgery, psychiatry, general pediatrics, or obstetrics and gynecology (OB/GYN) for not less than 24 months

NAMESAKES

➔ **Daniel Motyka, D.O.**, from Crown Point, Indiana was one of the IOA's most dedicated members to developing successful CME events. Dr. Motyka's mission was to provide and maintain the highest possible education for osteopathic physicians in Indiana and the surrounding states.

➔ **Arthur Dannin, D.O.**, from Frankfort, Indiana was focused on the osteopathic medical student. He worked tirelessly with the Indiana General Assembly to pass education-friendly legislation, guided students on their paths in medicine, and began some of the initial talks to develop an osteopathic medical school in Indiana.